

# La Torre

## SECONDI - Main Course

### POLLO - Chicken

**POLLO PRIMAVERA** £14.50

Breast of chicken pan fried with vegetables and finished with a cream and garlic sauce.

**POLLO PARMIGIANA** £14.50

Breast of chicken sautéed with onions and tomatoes then baked with a Parma ham and mozzarella cheese topping.

**POLLO AI FUNGHI** £14.50

Breast of chicken cooked with a mushroom and cream sauce.

**POLLO PATATE E PEPERONI** £14.50

Breast of chicken cooked with olive oil and rosemary roasted potatoes and mixed peppers in a garlic and tomato sauce.

### MAIALE - Pork

**MAIALE CREMA E FUNGHI** £15.90

Tender escalope of pork sautéed in garlic, mushrooms, cream and a splash of white wine.

**MAIALE ALLA ROMANA** £16.50

Thin sliced escalope of pork with parma ham in a light white wine and sage sauce.

### FILETTO - Beef

**FILETTO - Char grilled fillet steak** £22.50

#### Steak Sauces

**Pepe Verde** £1.50

Green peppercorn, French mustard, white wine and cream sauce.

**Dolcelatte** £1.50

Dolcelatte cheese and sun dried tomatoes.

**Crema e Zafferano** £1.50

Cream, garlic and saffron sauce.

**ROSSINI** £25.00

set on fried bread and served with a home made pate and marsala sauce.

**STRACCIETTE LA TORRE** £19.50

Fillet steak gently sautéed with garlic, mushrooms, English mustard, cream and a touch of white wine.

**CONTROFILETTO DI MANZO (Sirloin)** £22.50

Fillet of sirloin steak cooked to your liking served with a tomato and chips.

**GRIGLIATA MISTA (Mixed Grill)** £21.50

Beef, pork, lamb, gammon and sausage served with field mushroom, fries and tomato only.

### PESCI - Fish

**TRANCIO SALMONE ALLA GRIGLIA** £17.50

Fresh salmon fillet grilled and served with sautéed Spinach, vegetables and potatoes.

**SPIGOLA CON FAGIOLINI** £18.90

Grilled Sea Bass served on a bed of fine beans and cherry tomatoes.

**CODA DI ROSPO ALLA PESCATORA** £20.50

Fresh monkfish sautéed with garlic, olives, cherry tomatoes, parsley, olive oil and tomato sauce.

**MEAT AND FISH COURSES ARE SERVED WITH SEASONAL VEGETABLES AND POTATOES**

### INSALATA (Special Salads)

**INSALATA DI AVOCADO** £7.00

Avocado salad with kiwi, red onions and cherry tomatoes.

**TONNO** £7.00

Tuna salad with sweetcorn, red onions and cherry tomatoes.

**POLLO** £7.50

Grilled chicken salad with red onions, carrots, peppers, olives and croutons.

### CONTORNI - Side Dishes

Spinach £3.00

Mixed Olives £2.50

Mixed Salad £3.00

Tomato and Onion Salad £3.00

Fries (steakhouse) £3.00

Garlic Bread £3.00

Rocket & Pecorino Flake Salad £3.50

**Allergy and Food Intolerances - Please speak to your Waiter about your requirements**